

## ※ Your Step-by-Step Guide to Online / Virtual Consultation with Dr. Biswaroop Roy Chowdhury ※

*Please read carefully before proceeding*

Dear Valued Patient,

Your journey towards better health begins here.

To ensure clear communication, disciplined follow-up, and the best possible outcomes, we request you to strictly follow the structured online consultation process outlined below.

This system is designed to give you focused attention, personalized guidance, and consistent monitoring—without confusion or delays.

- ◆ **STEP 1: Register for Virtual Consultation**

Begin by completing your registration for the online consultation program.

- ◆ **STEP 2: Submit Your Diet & Medication Form**

Accurate details help us understand your current health status and design your personalized guidance.

- ◆ **STEP 3: Attend Video Consultation with Our Expert Team**

Your information is reviewed, and key health aspects are assessed during the consultation.

#### ◆ **STEP 4: Receive Your Personalized Treatment Guidance**

You will receive a structured treatment plan that includes:

- ✓ Personalized instructions from Dr. BRC, tailored specifically to your symptoms and condition
- ✓ Detailed answers to the questions you submitted in the Diet & Medication Form
- ✓ Additional essential guidance required for your care and recovery

#### ***Important:***

**All instructions are shared through clear, detailed audio guidance directly from Dr. BRC, ensuring clarity and correct understanding.**

#### ◆ **STEP 5: One-Month Monitoring & Progress Tracking**

Your recovery journey does not stop at consultation.

For the next 30 days, your progress will be:

→ **Monitored exclusively through the **GRAD App**, ensuring systematic tracking and timely support.**

#### ◆ ***STEP 6: Important Guidelines During the One-Month Monitoring Period***

##### **Mode of Communication**

- All updates, concerns, and queries must be submitted only through the **GRAD App**
- Responses will be provided within 24–36 working hours, during working days

##### **Calls & WhatsApp Messages not allowed during monitoring**

- Queries sent via phone calls or WhatsApp will not be entertained
- This ensures proper documentation, fairness, and structured responses for every patient

##### **Emergency Contact Usage**

- The emergency number is strictly reserved for genuine emergencies only
- Routine or non-urgent queries must be submitted through the **GRAD App**

## 4 Treatment Philosophy

- Dr. BRC's approach focuses on your current symptoms and discomforts, not just reports
- Treatment guidance is customized based on how your body responds and improves

## 5 Nature of Queries

- Your queries should relate to:
  - Symptom improvement
  - Current condition
  - Progress or setback

Questions related to reports or test values will not be addressed

## 6 Diagnostic Procedures

- Unnecessary tests and investigations are generally discouraged
- Excessive diagnostics may create confusion or anxiety
- Treatment decisions are guided primarily by symptoms and patient experience

## 7 Personal Meeting & Interaction with Dr. BRC

- In-person interaction with Dr. BRC is available only during the 72hr camps held every month
- Outside these camps, all consultations and follow-ups are managed digitally via the GRAD App

## 8 Our Commitment to You

By following these guidelines, you help us ensure:

- ✓ Consistent care
- ✓ Disciplined monitoring
- ✓ Clear communication
- ✓ The best possible treatment outcomes

✓ Patient Acknowledgment

I, confirm that I have carefully read and fully understood the above guidelines.

With complete clarity and willingness, I agree to proceed with the Online Consultation (VOPD) by Dr. Biswaroop Roy Chowdhury (Dr. BRC).

Visit : [www.biswaroop.com/vopd](http://www.biswaroop.com/vopd)